

# Community Teams Tug of War

## Tournament Play

### PARTICIPATION:

- Players must be 18 years of age or older, or have written release signed by parent
- Teams must have a minimum of 4 Players
- \$50 entry fee per team
- **IMPORTANT:** all players must sign the release form at the sign-in desk before they can play
- Teams may obtain sponsors if desired
- **Cash pot** for the winner's team!! (use this to make money for your favorite charity, First Responder's group, or sports team, or just keep it!)

### DURING TUG-OF-WAR MATCH:

- A Tug-of-War match is comprised of 2 teams with 5 players on each team.
- If two competing teams do not have equal number of players, we will ask both teams to even out the number of players with the numerically smaller team's roster.
- The minimum number of players a team can have on their roster is 4 players.
- A match begins when the teams have grabbed the rope, the referee centers the rope, and yells the word "Pull!"
- All players must be standing and on their feet during a match. Sitting and pulling is not allowed.
- Players may not wrap the rope around any part of their body.
- Players may not shake the rope during a match.
- Each Tug of War match will last no more than 3 minutes.
- Match is timed - if there is a tie the team with the least amount of time wins.
- A match ends on the referee's whistle and the winner is the team that pulls their opponent's:
  - Rope marker across the center line
  - Rope marker closest to the center line at the end of the 3-minute time period

### Miscellaneous Information:

- 75' long rope
- Team may weigh no more than 1050 pounds combined

## Waiver of Liability - MUST be submitted at Registration

In consideration of participating in the Flora Community Club *Tug of War* Event (the "Event"), I represent that I understand the nature of the Event and that I am qualified, in good health and in proper physical condition to participate in the Event. I also acknowledge and agree that if I believe the conditions surrounding the Event are unsafe, I will immediately discontinue participation in the Event.

I fully understand that the Event involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own or others actions, or inactions, or those of others participating in the Event, the conditions in which the Event takes place or the negligence of the "Releasees" named below; and that there may be other risks, either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Event.

I hereby release and discharge the Flora Community Club, Inc., the Town of Flora, and their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises, (each considered one of the "RELEASEES" herein) from any liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, and understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

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Printed name of participant

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Team Name

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Signature of participant

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Date

For participants under the age of 18: By my signature below, I affirm that I am the lawful parent/guardian of the Participant, and that I give my consent and agree to the liability waiver above.

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Signature of parent/guardian

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Printed name of parent/guardian